

**THINKING ABOUT
VOLUNTEERING ?**

**WANT TO MAKE A
DIFFERENCE IN THE
LIVES OF YOUNG
GIRLS?**

**WANT TO ENHANCE
YOUR LEADERSHIP
SKILLS BY
MENTORING?**

Join us **Mondays** at lunch at
Summit in room **A-103** to learn
how you can impact the lives of
young girls at
Elk Meadow Elementary School

Aren't free on Mondays?

Other school programs need
mentors too! Check with us to
see where!

DON'T MISS THE CHANCE
experience new challenges
and change your world!

2017/18

Storm Ladies...

Join Summit's

After School Buddies Club

Work together with other **Storm** ladies to
help young girls gain confidence and give
them hope for a brighter future!

STARTS OCT 2



WANT TO KNOW MORE? CONTACT:

afterschoolbuddies@gmail.com

541-390-3046 (call or text) www.afterschoolbuddies.org

Check out our Facebook page:

<https://www.facebook.com/ASBfriends>



After School Buddies
Aspire, Share & Build!



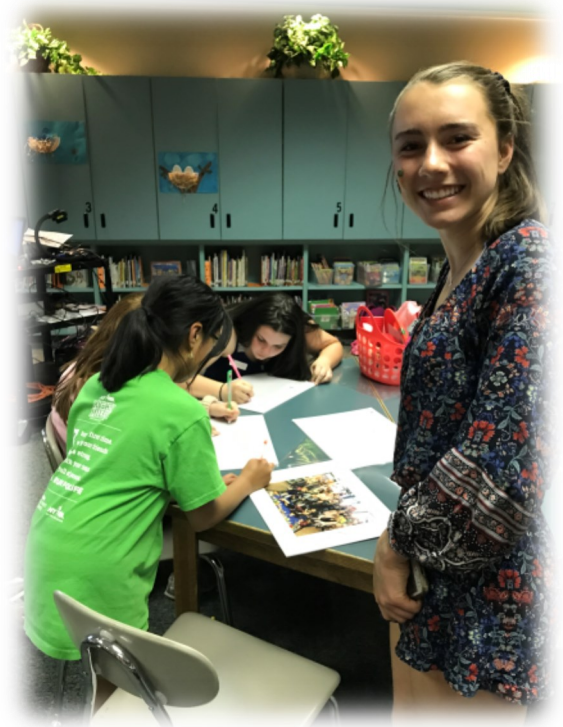
After School Buddies clubs prepare **elementary** and **adolescent** girls for the difficult social and academic challenges of middle school by matching them with caring, compassionate high school and young adult mentors/coaches in weekly after school group sessions. **ASB** started in 2003 and has served over 1500 girls since then in a variety of elementary school programs.

Volunteering just one afternoon a week will allow you to...

- ◆ Enhance leadership and communication skills!
- ◆ Empower girls to make good choices to impact their education, health, family and their world;
- ◆ Encourage girls to gain self-confidence and improve self-motivation;
- ◆ Help them experience the joy of giving to others.

ASB offers girls unconditional love and acceptance by surrounding them with inspiring teens and adults promoting inter-generational communication, respect and friendship.

ASB programs meet one day a week from fall until May offering awesome activities for 4th and 5th grade girls. Sessions include homework time followed by lessons led by young adults ("Big Buddies") involving arts & crafts, small group communication, STEM activities, exercise, dance, nutrition or community service. The friendships, opportunities to try new things and leadership development make the After School Buddies **Club** a wonderful weekday program that provides life-changing relationships for all!



After School Buddies programs provide

Leadership Development for teen and young adult mentors

- Direct and influence others
- Determine priorities, plan and deliver programs
- Share passions and expression of creative talents
- Encourage trust and confidence

Improved Study Skills

- Help girls complete homework on time
- Help them to improve study skills

Conversation

- Relate with encouraging stories & life lessons
- Emphasize virtues and not vices
- Encourage the sharing of joys and concerns

Community Outreach & Service

- Learn to put others' needs first
- Work on outreach projects **TOGETHER**

To apply contact **Charlene Schulz** 541 390-3046 afterschoolbuddies@gmail.com

Visit www.afterschoolbuddies.org or see us in action on our Facebook page.

*ASB is a faith-based organization not sponsored by an individual church or denomination.
After School Buddies, Inc. is a registered 501 3C nonprofit corporation.*