



## Fall Volunteer Opportunities with ASB for Female College Students

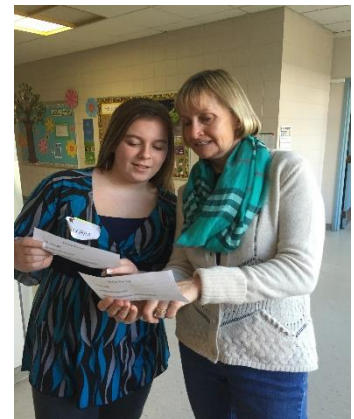
Mentor, empower and inspire at-risk 4<sup>th</sup>-5<sup>th</sup> grade girls in a weekly, after school program. Help them become **strong, confident girls!**

**Just one afternoon a week will allow you to...**

- Enhance your own leadership and communication skills!
- Encourage girls to embrace their education while gaining self-confidence and improving self-motivation;
- Empower girls to make good choices to impact their health, their family and their world;
- Help them experience the joy of giving to others;
- Serve alongside/connect with teen and adult mentors as well as elementary students.

To achieve a minimum of 20 hours of volunteer work during fall term you should plan on:

- Attending leadership training meetings on Mondays starting **October 1** (Location TBD but most likely OSU Cascade student cafeteria from 3-5 until the onsite programs begin)
- Serving as a **"Big Buddy"** mentor for a Bend elementary school programs from **3:00-5:30 Mon and/or Thurs** from late October until the end of the term. (No programs during Thanksgiving week; students are excused from attending during finals week but are encouraged to continue until winter break.) **15 hours will be earned** if serving 1 day/week; additional hours may be earned if serving 2 x/week and/or if you participate in additional leadership meetings in Nov/Dec.



**Want to Know More? Don't Delay! Contact:**

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